



Annual Report
2018





Dear Friends,

During 2018, the CPCA had a very special ribbon cutting to unveil our crisp, new logo. At that ceremony we were honored to have a client from our parenting programs speak about her experience in our classes and how they have helped her become the mom that she wants to be for her daughter. I was reminded that when we become parents, we are filled with hope and with dreams of being great parents who raise kids that are given opportunities to grow and thrive. Then we slowly (or suddenly) realize that parenting is one of the hardest jobs on earth and even when our intentions are good, we may not be prepared for the challenges that children and parenting can bring. Many parents in our community have the same good intentions but have had no positive role models to show them a healthy example, and in some cases had a childhood that was neglectful or abusive. Our parenting classes are a chance for these parents to talk openly about their challenges, add skills to their parenting tool box, and learn strategies to use when they are frustrated, impatient or exhausted.

Parenting education alongside our incredible Personal Safety Program (PSP) which is taught in elementary schools provides a strategic dual approach at preventing child abuse. Teaching children what a 'safe touch' is or is *not* is crucial in letting them know that their bodies are precious and meant to be protected. Last year our PSP Educators delivered that message to over 10,000 school kids!

As much as we aspire to keep all children safe, our Child Advocacy Center (CAC) is a dedicated team from several partner agencies that responds to cases of alleged abuse in our county. The work of the CAC is demanding, often heartbreaking and in most cases, begins with a story that is hard to comprehend. However, it is also a place which provides hope and allows for healing to begin. The profound impact of the special people who work there is a long-term blessing to our entire community.

Together these programs and the people who passionately deliver them make the CPCA an incredibly valuable resource to our area. I am so proud of the work they do and grateful to be involved. The CPCA is partially funded by grants but they are never enough to cover our needs. It is your generosity and support that keeps this agency thriving and continuing to be a beacon of light to our community year after year. On behalf of the Board of Directors, thank you for your ongoing support!

Warm regards,

Jennifer Selander



The Center for the Prevention of Child Abuse (CPCA) is a private non-profit that has been dedicated to the reduction of child maltreatment since 1973. Each year, we serve more than 15,000 abused and at-risk children and provide support and education services to more than 3,000 adults. We are the only agency in Dutchess County providing sexual-abuse prevention training. Our support services help abused children — and educate adults to prevent future abuse.

We receive funding from a variety of public and private sources — but rely heavily on individual and corporate investors for the bulk of our unrestricted support.

Our Mission is to prevent Child Abuse in the Mid-Hudson Valley Region.

2018 Board of Directors

Jennifer Selander, Board Chair

Gloria Cukar, Vice Chair

Tina Walz, Secretary

Eric Kiszkiel, Treasurer

Members at large: Anthony Burger, Susan Green, Betty Fanelli, Jenny Fox, Heather Green-Kirk, Judith Lopez, Barbara O'Dea, Karen Page, Patrick Rose, Ozie Williams, Eben Yager



Team CPCA

Kimberly Kochem, Executive Director

Jessica Wallach, Deputy Director

Christina Tuttle, Director of Development

Analisa Meier, Director of Finance & Administration

Jennie Colabatistto, Jennyfer Cruz-Bernave, Gwen Davis, Sandy DeVito, John Fay, Jennell Higgs, Janet Menchini, Aneasa Nugent, Elizabeth Pafumi, Angelique Sigler

Table of Contents

2018 Highlights Page 5

Programs Page 7

Personal Safety Program

Young Parenting Program

Parent Empowerment Program

Supportive Parenting Program

Child Advocacy Center

Community Support Page 12

Interns

Volunteers

Community Partners

Fiscal Snapshot Page 13

Investors Page 17

Individuals

Corporations

Superhero Society

Foundations & Grantors

2018 Highlights



Champions Against Child Abuse Benefit
Honoring John P. O'Shea, Marshall & Sterling

Certified as an Autism Supportive Environment



45 Year Anniversary Ribbon Cutting

&

Unveiling of our new logo





The Great Teddy Bear Round Up



DCRCOC 40 Under 40 Honoree
Kimberly Kochem, Executive Director



Staff Retreat at The Omega Institute

Personal Safety Program

A person's a person, no matter how small.

Dr. Seuss



Our Personal Safety Program provides lessons in sexual abuse prevention to students, school staff, and parents. In 2018, we provided services to

10,936 students

460 school staff/faculty

167 parents

100%

of students, school staff, and parents increased their knowledge of sexual abuse prevention.

Investors
60.5%

Grant Funded
39.5%

WHY DO WE DO IT?

1 in 10

**CHILDREN WILL BE
SEXUALLY ABUSED**

After presenting to students in Fishkill Plains Elementary School, our facilitator was in the main office when she was approached by two students who told her that they knew about about a social media problem, and they wanted to do something about it.

I learned that even if you're scared to tell someone about a touching problem you still should. It's never good to keep this kind of secret.

It is easier to build strong children than to repair broken men.

- Fredrick Douglas



Young Parenting Program



Our Young Parenting Program provides one-on-one case management services to pregnant and parenting young adults, aged 13-23.

WHY DO WE DO IT?

3 in 10

**AMERICAN TEEN GIRLS
WILL GET PREGNANT
BEFORE AGE 20**

Investors
76.1%

Grant Funded
23.9%

When "Anita" found out she was pregnant, she was terrified. She wasn't sure who she could turn to, and was afraid of what her friends and family would think. Anita was soon connected with our YPP case manager, who formed a bond with Anita and assisted her every step of the way; from telling her parents to completing her sophomore year in highschool to preparing for child birth. With this support, Anita gave birth to a healthy baby boy, and is currently being home tutored to complete her high school education.

21

young parents received intensive case management and individualized education.

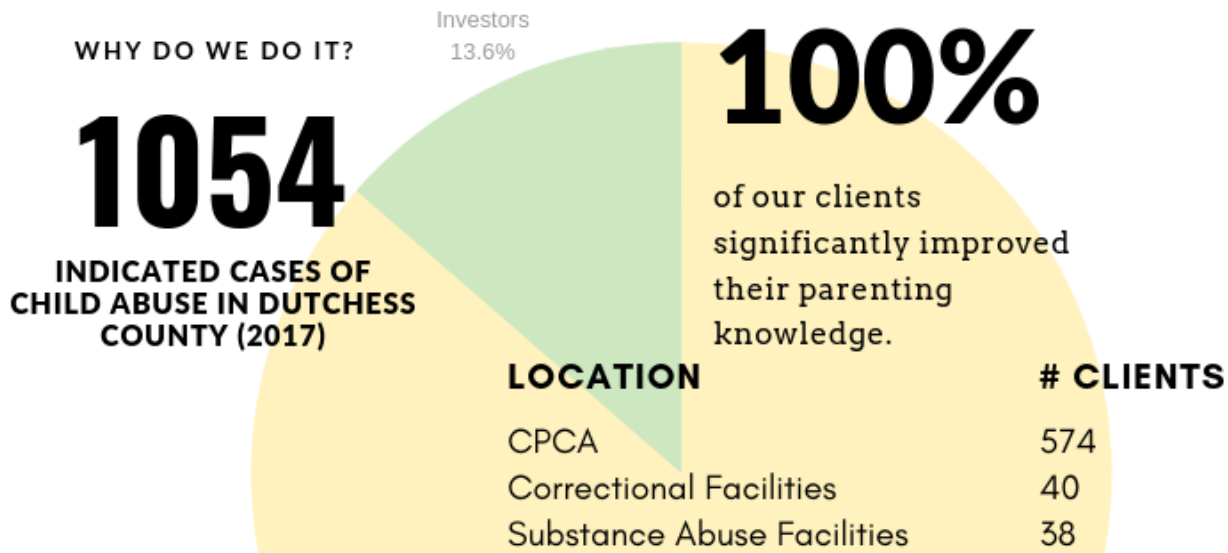
Parent Empowerment Program



Children are not a distraction from more important work. They are the most important work.

- CS Lewis

Our Parent Empowerment Program meets parents where they are - no matter the challenges - to support a healthy relationship with their child.



"George" was faced with lots of challenges, on top of learning to be a good dad; a history of childhood abuse, substance abuse, unemployment, and family challenges. During our 21 week parenting program, George excelled; significantly improving his parenting skills. The challenges he faces still exist, but he is now better equipped to deal with them thanks to his parenting facilitator, his commitment to being a better dad, and the love he has for his infant daughter.

Grant Funded
86.4%



"A diagnosis can't predict the extraordinary love you will have for your child."

- Tara

Supportive Parenting Program

Our Supportive Parenting Program supports parents with intellectual disabilities on their journey to become better parents, move from supervised to unsupervised visitation, and/or regain custody of their children.

Investors
30.7%

WHY WE DO IT

40 - 80%

OF PARENTS WITH A DEVELOPMENTAL DISABILITY PERMANENTLY LOSE CUSTODY OF THEIR CHILDREN

85%

of parents can use parenting skills learned in class to maintain a safe home for their child.

"Megan" lost custody of her first baby at age 2. Shortly thereafter, she gave birth to a second son, who was taken from her custody in the hospital. Through her work with the Supportive Parenting Program, she was able to earn unsupervised visitation just in time for Christmas, 2018. It was their first holiday together as a family.

Grant Funded
69.3%

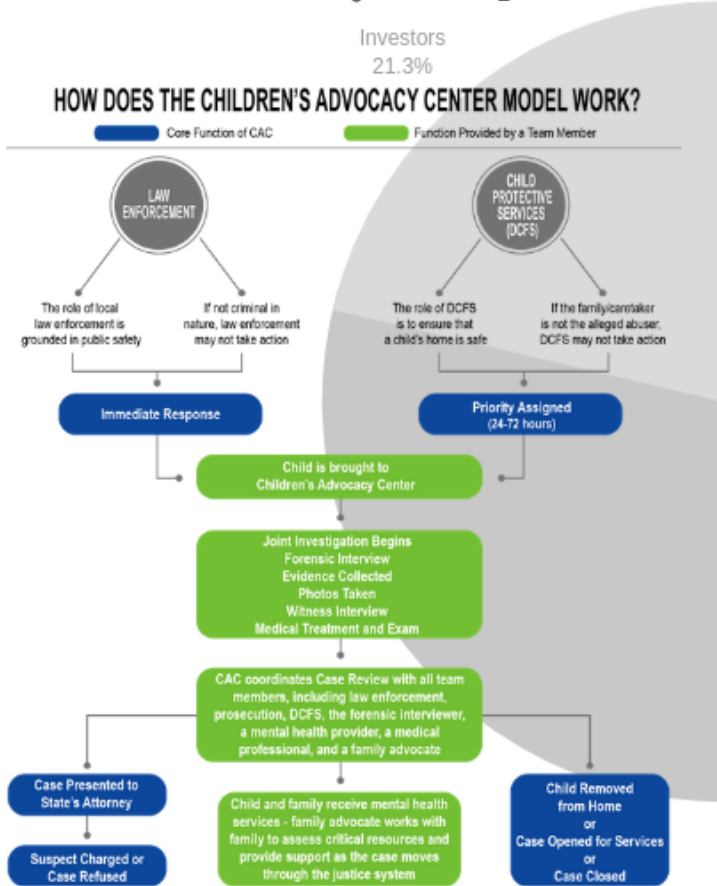
Child Advocacy Center

"Look for the helpers"

- Fred Rogers



The Child Advocacy Center (CAC) is a family-friendly space for alleged child victims of sex abuse and/or extreme physical abuse. In 2018, our Child Advocacy Center provided comprehensive services to 435 children.



WHY DO WE DO IT

age 0-6

THE HIGHEST RATES OF CHILD SEXUAL ASSAULT

98%

Grant Funded 78.7%
of children felt **safe** at our CAC.



RUTGERS



ADELPHI UNIVERSITY



FORDHAM UNIVERSITY THE JESUIT UNIVERSITY OF NEW YORK



Raymour & Flanigan FURNITURE | MATTRESSES

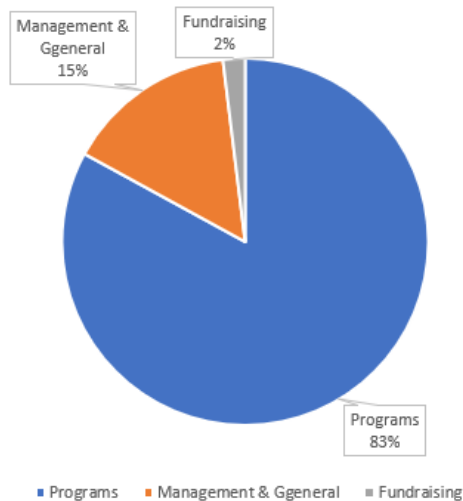
MARIST

DUTCHESS COMMUNITY COLLEGE



Fiscal Snapshot

	12/31/2016	12/31/2017	12/31/2018
Total Revenue	\$ 1,420,901.00	\$ 1,123,576.00	\$ 1,110,681.00
Total Expenses (excluding loss on disposal of fixed assets)	\$ 1,398,119.00	\$ 113,826.00	\$ 1,074,599.00
Change in net assets from operations	\$ 22,782.00	\$ 9,750.00	\$ 36,082.00
Salary Expense	\$ 689,180.00	\$ 580,019.00	\$ 580,011.00
Salary as % of Total exp	49%	52%	54%
Payroll Taxes & Benefits	\$ 133,825.00	\$ 146,240.00	\$ 138,041.00
Fringe Benefit Ratio	19%	25%	24%
Program Expenses	\$ 1,258,216.00	\$ 942,505.00	\$ 891,478.00
Program Expense Ratio	90%	85%	83%
Cash	\$ 187,416.00	\$ 165,941.00	\$ 138,800.00
Less: Liabilities & TRNA	\$ (385,423.00)	\$ (153,604.00)	\$ (161,209.00)
Total Liquid Assets	\$ (198,007.00)	\$ 12,337.00	\$ (22,409.00)
Monthly Expenses	\$ 116,510.00	\$ 92,819.00	\$ 89,550.00
Months of Reserves	-2	0	0



Individual Investors

- *Agrawal, James
- *Agresta, Annie
- *Albrecht, Mary
- *Aldrich, Raymond
- *Alexander-Thompson, Melissa
- *Algozzine, Bonny
- *Amy Solis
- *Andrews, Betty
- *Andrews, Eleanor
- *Arias, Ashley
- *Armater, Ann
- *Art DeDominicus
- *Austin, Jane
- *Barrett, Didi
- *Bauer, Thomas
- *Beckwith-Ecker, Gail
- *Bell, Valerie
- *Benson, Noel
- *Bergeron McCarthy, Corinn
- *Boehringer, Henry & Jayne
- *Brault, Geoff
- *Brown, Betsy
- *Buckle, Gail
- *Butler, Jaime
- *Cafarelli, Erin
- *Card, Michelle
- *Cerniglia, Diane
- *Chant, Benedict
- *Charwat, Martin
- *Chazen, Richard
- *Cimorelli, Heather
- *Ciulla, Katie
- *Coffey-Keller, Richards
- *Cohen, Dena G.
- *Colabatistto, Dawn
- *Colabatistto, Jennifer
- *Conn, Dennis
- *Conniff, Daniel
- *Cruikshank, Scott
- *Crush, Maureen
- *Cukar, Gloria
- *Davis, Thomas
- *Deichler, Victoria
- *DeWald, Fred & Maria
- *DiNonno, Philip
- *DiRubbo, Annette
- *Dittmar, Amy
- *Doyle, Brian
- *Dulka, Matt
- *Edwards, Rebecca
- *Elliott, Kala
- *Fanelli, Betty
- *Feldman, Justin
- *Feldman, Leah
- *Fenichel Hewitt, Nicole
- *Ferrari, Anthony
- *Fiacco, Joseph
- *Fillette, Renee
- *Finkelstein, Andrew
- *Flesland, Angela
- *Forman, Peter
- *Fox, Jenny
- *Gaeke, Melissa
- *Gallagher, March
- *Gans, Rachel
- *Gartland, Patrick
- *Gibbons, Mirriam
- *Gifford, John
- *Glynn, James R
- *Gonzalez, Alicia
- *Gordon, Carol
- *Gordon, Lionia
- *Green, Susan
- *Greene, Coley
- *Green-Kirk, Heather
- *Gudnick, Elizabeth & Ethan
- *Haight, Erik
- *Haight, Susan & Thomas
- *Hamilton, Saphir
- *Handler, Ruth
- *Hardisty, Ross
- *Hayes, Michael
- *Hayes, Robert & Denise
- *Higgs, Jenell
- *Homa, Debra
- *Horton, Margaret
- *Huleatt, Nancy
- *Hullet, Robert
- *Hunter, Matthew
- *Isler, Elizabeth
- *Jafee, Pamela
- *Katz, Daniel
- *Killian, Jennifer
- *Kinkade, Betsy
- *Kinkade, Maurice E. & Elizabeth C.
- *Kirchoff, Elizabeth
- *Kish, Cynthia
- *Kiszkiel, Eric
- *Kochem, Kathleen
- *Kochem, Kimberly
- *Kotes, Allyson
- *Langella, Toni
- *Larsen, Thor & Arlene
- *Lashlee, Maureen
- *Lawrence, Thomas
- *Levine, Sarah
- *Lewis, Dale R. & Donald L.
- *Leydon, Scott
- *Litchfield-Kimber, Lara
- *Lois, Robin
- *Lopez, Judith
- *Lugo-Ortiz, Agnes
- *Lunny, Pamela

*Mackay, Norman
*Malet, Cynthia
*Maneri, Lynn
*Marrero, Mary Ann Key
*Marrero, Serena
*Martin, Michelle
*Mauro, Nicholas
*McEwen, Katri
*McKenzie, Stacy
*McSweeney, C.J.
*Meier, Analisa
*Mensching, Sally
*Meyers, Deborah
*Miller, Jean
*Misra, Melissa
*Muir, Judith
*Nejame, Shelly
*Nelson, John
*Nelson, Marc
*Nelson, Terrell
*Newmark, Samantha L.
*Nuss, Bonnie
*Nussbickel, Wayne
*O'Donnell, Nicolle
*O'Shea, Patricia
*Page, Karen
*Page, Kevin
*Pallan, Ann-Marie
*Pawenski, Scott
*Petrovits, David
*Pollack-Rich, Michele

*Poom, Rilva
*Ramsey-Cuomo, Liz
*Rappleyea, Allan
*Reed, Sarah
*Reilly, Eleanore
*Rose, Pat
*Rosenberger, Lisa
*Ruth, Kimberly
*Rychcik, Timothy
*Sackett, Pamela
*Sawecki, Robert
*Scharff, Cheri
*Schneider, Terry
*Schouten, Catherine
*Scott, Stuart
*Selander, Jennifer
*Serino, Senator Sue
*Sewell, Regina
*Sheehan, David
*Sheer, Karen
*Sigler, Bernadette
*Smith, Joshua
*Smith, Marjorie
*Smythe, J L N
*Smythe, Nevill
*Solis, Amy
*Spangler, David
*Spence, Loretta
*St. Johns Evangelical
Lutheran Church
*Stanton, Michael

*Starlette, Stella
*Strang, Frances
*Stratton, Joshua
*Susan Green
*Swartz, Eleanor F
*Tabano, Donna
*Tancredi, Diane
*Tarquino, Pam
*Tatelbaum, Ronald
*Tillman, Elfriede
*Tuller, Alexandra
*Van Winkle, M.L.
*VanDeWater, Erika
*Viglielmo, Jeffrey Scott &
Maureen Kelly
*VonTobel, Valorie
*Wallach, Jessica
*Walz, Tina
*Watson, Denise
*Weikel, Sarah
*Whalen, Linda
*White, Linda
*Will, Diane
*Williams, Kimberly
*Williams, Ozzie
*Wisdo-Ball, Lynda
*Yager, Eben
*Yahya Hassan,
Muhammad
*Zweifler, Sheila

Corporate Investors

A&R Security Customer
Adams Fairacre Farms
Adelphi University
Anderson Center for Autism
Arlington Professional Firefighters
Arteaga Rentals, LLC
Bank of America
Bank of Millbrook
Benevity Fund
Berger Engineering & Surveying, PLLC
Branding Pro's
Capone Family Fund
Central Hudson Customer
Church Communities Foundation
Cleveland Plumbing & Heating
Committee to Elect Adrian Butch Anderson
Community Foundations of the Hudson Valley
Consigli Construction NY, LLC
CR Properties Group, Inc.
CSEU
D'Arcangelo & Co., LLP
DC Real Estate
Exchange Club of Southern Dutchess
Harlem Valley Sand & Gravel, Inc.
Health Quest
Henry Kimelman Family Foundation
Hudson Valley Federal Credit Union
Hudson View Park LLC
Jewish Women International
Kaplan Foundation
Kidd P.C., Diana
Kwon's Martial Art
M & O Sanitation
M&T Bank
M&T Charitable Foundation
Marist College
Marshall & Sterling Insurance

Meyer Contracting
Millbrook Tribute Garden
Molinaro For Dutchess
Morris Associates Engineering & Surveying Consultants, PLLC
N&S Supply
Nicole Sohan, Aesthetic & General Dermatology
Penn State Alumni Assoc
Poughkeepsie Day School
Precision Pipeline Solutions
Raymour & Flanigan
Red Line Diner
Rhinebank Savings Bank
Rocking Horse Ranch Resort
Seal & Stripe, Inc.
Selander Family Foundation
SUNY New Paltz
TEG Federal Credit Union
The Children's Home of Poughkeepsie
The George A. Strba Charitable Trust
The Law Office of Anthony P. Burger
The Ugly Mug
The Wilbur & Jane Whitman Trust
Town of Poughkeepsie PBA
Treehouse Foundation of the United States
Truist
Ulster Savings Bank
United Way of Ulster County
Village Green LLC
Williams Lumber, Inc.
Willpower Radio
Women's Chevra Kadisha

The following individuals have been inducted to
THE CENTER FOR THE PREVENTION OF CHILD ABUSE

Superhero Society

Anthony Burger, Esq.
Robert & Laurie Camastro
Chris & Joy Dyson
Paul Haering
Dr. Dan & Barbara O'Dea
Stephen O'Shea
John O'Shea
Jon & Jen Selander
David Silver
Felicitas Thorne
Roseanne & Teddy Vanikiotis

for being a *leader* in reducing Child Abuse;
a *beacon* of hope for families in crisis;
a *light* that shines for children in their darkest hour.





Office of
Victim Services

M&T Bank

DFDYSON
FOUNDATION



ThinkDIFFERENTLY.



Office for People With
Developmental Disabilities



COMMUNITY
FOUNDATIONS
OF THE HUDSON VALLEY



Office of Children
and Family Services





THE CENTER FOR THE PREVENTION OF CHILD ABUSE

35 VAN WAGNER ROAD

POUGHKEEPSIE, NEW YORK 12603

(845) 454-0595

THECPA.ORG

*and then one day the day came when
the risk to stay a tight bud became
more painful than it was to blossom.*